



Free
14-Week
**Domestic Violence
Education Classes**



Groups Start: 3/29 5/25 8/9
6:30-8:30 pm

This series of interactive classes address domestic violence issues from a variety of perspectives. The curriculum incorporates elements from non-violent communication and conflict management models to raise awareness of motivations, and provide criteria and tools for engaging in safe, supportive, equal, and respectful relationships.

- Week 1 Introductions / Sexism
- Week 2 How Abusers Think / Tactics of Abuse and Control
- Week 3 Values, Needs, and Feelings: What Motivates Us?
- Week 4 Coping with Trauma
- Week 5 Children: The Long-Term Impact of Childhood Stresses
- Week 6 Family Lessons
- Week 7 Relationship Timeline / Assessing Risks
- Week 8 The System: Law Enforcement and the Courts
- Week 9 Safe, Supportive, Equal, & Respectful Relationships
- Week 10 Partnership and Independence
- Week 11 Creating Options/Making Choices
- Week 12 Communication and Managing Conflict
- Week 13 Turning Points
- Week 14 Group Pot-Luck

Open to any woman in Clackamas County
who has been abused by a husband, partner, or boyfriend

To enroll, call Clackamas Women's Services at
503-654-2288

program questions? call TurningPoints at 503-936-1977



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