

















### Clackamas Women's Services















### **From Our Executive Director**

Community is at the core of everything we do at Clackamas Women's Services. And it is our community which propels us forward in our mission to disrupt domestic and sexual violence. With the deep commitment of our partners and allies, the generous support of our donors, and the incredible contributions of our staff and Board of Directors, CWS is more relevant and more resilient than at any time in our history. **Our 2021 Annual Impact Report provides a snapshot of what is possible when a community resolves to stand with survivors in their pursuit of safety and personal empowerment.** 

It is our highest priority to ensure that survivors across our very large county can access the resources they need to escape violence and heal from their trauma. CWS is working across all sectors and systems to understand issues and develop solutions to intervene on behalf of survivors, and work toward the prevention of interpersonal violence. When survivors have the chance to celebrate their strengths, find power in their lived experiences, and have input into systems of care, they play an important role in informing our community's response to domestic and sexual violence. This applies not only to social services but to mental health, criminal justice, public health, and educational systems. Breaking down silos and building bridges is leading to more survivorcentered and culturally-focused collaborations which consider the whole person – and the whole family. Together, we are working toward a more robust array of supports and resources so survivors can overcome the impacts of their abuse and move forward on their own terms.

Last year was a time of listening and learning for CWS, examining everything we do through the lenses of diversity, equity, and inclusion, and seeking insight from survivors most impacted by racism and oppression. But responding effectively to domestic and sexual violence is not the charge of just one organization. Our partnerships at A Safe Place Family Justice Center are central to providing wraparound supports that address the complex needs of survivors and their families. Relationships with culturally-specific organizations enhance the depth and breadth of services available to survivors and promote equity in accessing resources. Our growing co-location model is allowing CWS to meet survivors where they are – literally – and build medical service providers' and mental health practitioners' knowledge around issues of domestic and sexual violence. Collectively, this is giving rise to a more robust and sustainable landscape for all service providers. More importantly, it is resulting in an improved network of opportunities for survivors.

Survivors take a huge risk in turning to CWS and trusting us with their lives, experiences, and stories. Likewise, we take important risks to elevate issues, advocate for resources, and champion policy changes. I'm proud that we embrace new strategies, new models, and new ways of looking at things. These attributes have always inspired us, especially during the past two years, and we are emerging as a more compassionate and more determined organization.

CWS has a unique – and growing – role to play in our community and we are motivated every day to honor the survivors who come through our doors. I hope you also find inspiration as you read our Impact Report.

With my deepest gratitude,



Melissa Erlbaum Executive Director

P.S. Your voice is important to us, too. Don't hesitate to reach out to schedule a visit or learn more about ways you can become involved in our caring community at info@cwsor.org.

## What People Are Saying

"You all might have saved my life. I was at my wit's end. Thank you seems like it is trivial for how much I was helped."

#### COMMUNITY-BASED PROGRAM

"My camper challenged herself while honoring her feelings of caution, anxiousness and excitement. I saw her confidence grow each and every day. She continues to grow in resiliency and a healthy mindset, taking responsibility for herself. It's really cool to see her growing in a healthy way." –Camp HOPE Counselor

#### **CHILDREN'S PROGRAM**

"I truly feel like they care about me and my situation. I feel respected, listened to, and understood. I appreciated that so much as I went through traumatic and frightening situations. I never felt alone."

**COUNSELING PROGRAM** 

"I'm more confident and capable to do things. With this help, I can continue to be the stronger parent for my kids and believe that I can provide for the emotional stability for myself and my kids." HOUSING PROGRAM



"I thought the Violence Prevention Educators were excellent! I could tell that they cared very strongly about the topic they were teaching us and they taught us about sexual violence in a way that is easy to understand, especially because I think that is kind of a complicated topic to understand." –La Salle High School Student

#### **VIOLENCE PREVENTION PROGRAM**

"As a Promotora, I love the opportunities to grow and learn."

**PROMOTORAS PROGRAM** 

"Before I knew about CWS, I always felt that my language was a barrier. I always felt that I couldn't access anything without speaking English. Now I know that my language isn't a barrier. It taught me that I can find a way even without English. I can put my fear aside and ask for help and there is always help for me at CWS."

SHELTER PROGRAM

"I am so glad your agency offers a support group in Spanish!"

**SUPPORT GROUP** 

"Thank you for all the services you provided to our Latinx community."

#### LATINA SERVICES PROGRAM

#### **COMMUNITY PARTNER TESTIMONIAL**

"I'm stationed at A Safe Place Family Justice Center and have worked alongside CWS staff for almost six years. We have collaborated on many projects and initiatives to improve our coordinated response to domestic violence. I support CWS because of its impact, innovative programs, and committed and talented staff. They offer hope to the community, hope the trauma of abuse can be mitigated and that there can be a future free from violence."

Sarah Van Dyke Domestic Violence Systems Coordinator Clackamas County Health, Housing and Human Services

## **Programs and Services**

Alongside survivors, community partners, donors, students, volunteers, faith communities, and many others we're building a community that honors survivors of domestic and sexual violence, stalking, elder abuse, and trafficking. Our programs and services are free and confidential. We support people regardless of gender identification, age, or immigration status to ensure anyone escaping interpersonal violence can access the resources they deserve. We honor the depth and diversity of lived experiences across our community.

Our mission is to break the isolation of domestic and sexual violence. Here's how we're doing it:

### **COMMUNITY-BASED ADVOCACY**

Individualized case management and support that includes safety planning, access to community resources, help navigating public systems, and assistance with protective orders. Services are accessible at A Safe Place Family Justice Center, Clackamas County DHS offices and Behavioral Health, and in rural communities through our mobile advocates and Promotoras Program.

### COMMUNITY **EDUCATION AND** PREVENTION

Training for the community about how to prevent domestic and sexual violence, including free school-based domestic violence prevention programming for K-12 grade public school students.





### 1,826 survivors accessed our community-based services.

- Co-located Advocates returned to providing inperson services at Clackamas County DHS offices.
- Working with Clackamas County Public Health and other agencies, we provided COVID assistance to support survivors who quarantined.
- We launched a partnership with Clackamas County Behavioral Health to increase emotional support for survivors.



school students received virtual or in-person domestic violence prevention lessons through 748 presentations in 19 Clackamas County schools.

4,757 elementary, middle school, and high

- Presentations increased 28% compared to last year.
- We focused on addressing students' COVID-related mental health challenges and incorporated mindfulness activities and youth advocacy into our programming.





"It [violence prevention lesson] was really powerful. I loved how they explained everything without making it awkward or scary to talk about. Because I know this topic is very heavy to some people."

> **OREGON CITY HIGH SCHOOL STUDENT**

### LATINA SERVICES

Culturally-specific services for survivors in Latinx communities, along with opportunities for leadership development for Latinx staff and survivors.



Through Promotoras, Latina leaders provided support via crisis line referrals, support group assistance, and community outreach.

- We launched a Latina support group with support from Promotoras, which co-facilitated group sessions.
- We hosted Latinx Provider Chat, a cultural space for service providers who identify as Latinx where they can network, share resources, and receive peer support each month.
- We presented at Nuestras Voces, a national online conference. Our presentation focused on ethical communication and acknowledging generational spaces and personal perspectives when storytelling to create an environment where people can serve the community together.



### **Programs and Services**

### EMERGENCY SHELTER AND TRANSITIONAL HOUSING SERVICES

Connecting survivors with a supportive community and the space to rebuild their lives.



We provided more than 8,000 nights of safe shelter to 170 adults and 133 youth in our emergency shelter, with about half of the survivors identifying as BIPOC.

- In partnership with Safety Compass, we launched a housing program for survivors of human and labor trafficking.
- 212 adults and youth received COVID rent relief to supplement lost income or employment due to the pandemic.
- We were "the door" for the domestic violence Clackamas County Housing Access program, which provides supportive housing services including housing referrals and resources. Restructuring of our housing program incorporated new staff positions, which enabled us to transition people into housing faster and prioritized BIPOC survivors.
- We provided culturally-specific transitional housing support to 31 adults and 57 youth.
- Homelessness diversion and prevention, transitional housing, or permanent housing support was provided to 404 adults and youth, an increase of 36% from last year.

### COUNSELING AND SUPPORT GROUPS

Counseling and a range of support groups that include youth and family counseling.

# 533 counseling sessions were provided to adults and youth via Telehealth.

- 80 people attended at least one of our support groups.
- We provided vicarious response resiliency training to promote sustainability and wellness for those providing direct services to survivors of domestic violence.
- Counseling staff received training to detect suicidal ideation and provide
  additional evidence-based
  "My counselor is AMAZING!
  - modalities to increase the safety and support of survivors accessing counseling services.

PROGRAM PARTICIPANT

### 24-HOUR CRISIS AND SUPPORT LINE

Emotional support and safety planning for survivors of domestic violence, sexual assault, elder abuse, and family violence. Consultation and support are also available for those who witness violence and service providers.



### We received nearly 3,000 calls on our 24-hour Crisis and Support Line.

- Nearly 110 calls were received from law enforcement for Lethality Assessment Protocol (LAP). Through LAP, officers in the field connect survivors who have a high fatality risk to our Advocates for support.
- 297 text/chat conversations were received on our confidential Text and Chat Line.

### CHILDREN AND YOUTH SERVICES

Confidential advocacy, support groups, and family support for young people who've experienced family violence, sexual violence, or dating violence.



Parenting education and support was offered virtually through support groups, adaptive one-on-one support, and the culturally-specific support groups Charlas de Café and Paternidad Activa de Adolescentes.

- Our Mobile Youth Advocate received 52 referrals from community partners.
- A Window Between Worlds support group was hosted virtually, so youth could connect in a safe space.
- We provided resources for other service providers by participating in the Rowe Community Collaborative.
- We participated in the Behavioral Safety Program, which is a multidisciplinary team that provided schools with resources and support when there are concerns that students may cause harm to themselves or others at schools.
- 47 youth attended Camp HOPE America Oregon, an increase of 24% over the previous year; 24 volunteers provided onsite support.
- 64 youth participated in community-building Pathways Program events throughout the year.



"I support Camp HOPE because it brings together a bunch of kids from different backgrounds, different personalities, different races, different genders, and even different ages. And it's a great community. One of the main reasons I love going to Camp HOPE is because seeing those kids smile also puts a smile on my face." -Alex, Camp HOPE Counselor



"I am honored to be surrounded by people who embrace innovation, collaboration, and authenticity. Working alongside folks who are committed to creating a community where everyone has opportunities to thrive fills each of my days with hope and determination." -Cat Koch, Counseling and Youth Program Director

# **Financial Report**

Core Operating Resources (Revenue)	2021	2020
Contributions	\$913,862	\$978,538
Government Grants	\$4,056,168	\$3,381,220
Donated Facilities	\$110,840	\$104,220
Special Events	\$9,004	(\$1,831)
CARES Act	\$419,057	-
Other Income	\$17,644	\$87,819
Total	\$5,526,575	\$4,549,946

Core Mission Support (Expenses)	2021	2020
Programs & Services	\$3,744,058	\$3,217,541
Development	\$389,360	\$279,919
Management & General	\$688,230	\$576,155
Total	\$4,821,648	\$4,073,615

2021 BUSINESS PARTNERS First American Title First Tech Credit Union Northwest Bank Providence Health & Services The Doctors Company

### **Get Involved**

It takes the compassionate actions of our entire community to support survivors, and we're truly grateful for the generous support that helps us provide survivor-centered programs and services. Donations may be made online, or mail checks payable to Clackamas Women's Services at 256 Warner Milne Rd, Oregon City, OR 97045. For questions, contact Brenda Kinoshita, Director of Development, at <u>brendak@cwsor.org</u> or (503) 557-5820.

### **Donate Items**

You, your company, school church, or community group can organize a donation drive to gather items.

### **Special Events & Sponsorship**

Businesses, faith communities, social and civic associations are leaders in preventing domestic violence. We're happy to build a partnership with your organization.

### Volunteer

Volunteering is a great way to become involved. Visit our website to learn about current opportunities.



Based at A Safe Place Family Justice Center: 256 Warner Milne Rd, Oregon City, OR 97045 Phone: (503) 655-8600 • Website: <u>www.cwsor.org</u> • Email: <u>info@cwsor.org</u>

24-hour Crisis and Support Line: (888) 654-2288 Confidential Chat: <u>rc.chat/cws</u> (available Monday-Friday from 9:30am-4pm)

