

# CLACKAMAS WOMEN'S SERVICES



**ANNUAL REPORT**  
2018

# DIRECTOR'S STATEMENT

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Dear Friends,

“The greatness of a community is most accurately measured by the compassionate actions of its members.”  
– Coretta Scott King

It gives me great pleasure to be able to report on the activities and accomplishments of Clackamas Women's Services in 2018. There is no question that 2018 was a momentous year, both in terms of our growth as an organization and also in the level of public discourse that the country has participated in around issues of domestic violence and sexual assault. We have heard voices of solidarity and community rise above the political rancor, and more people are recognizing the importance of the work that we do serving survivors of domestic and sexual violence. Even though the conversations are hard and are sometimes met with more pushback than we might expect, the message is getting through, and approaching the issues from a place of compassion creates fertile ground for future conversations.

As we reported in our last Annual Report, we were able to reopen our Village of Hope shelter in March of 2018. This beautiful expanded facility now has room to accommodate up to 15 individuals and 25 children. Participants continue to tell us how warm and inviting the shelter space is, and it has become an important gathering space, not only for current residents, but also for past residents to come back and reconnect with the supports they need as they continue their journey toward safety and healing.

In 2018, CWS also embarked on an agency-wide assessment and recommitment to our values as an organization, and you can read more about these values in this Annual Report. We believe isolation is one of the most harmful and long-last impacts of domestic and sexual violence. Recognizing that a supportive community is essential to survivors and their path to healing, a key value for CWS is building community. We create community -- at A Safe Place Family Justice Center, at Clackamas Community College, through our rural outreach office, and at Camp HOPE Oregon -- where survivors can connect with each other through their shared experiences. Building this community of care where survivors can be heard and validated is one way that we can break that isolation, and acknowledge that all people have innate value, worth, and important role to play in our community.

Partnership is what makes the work we do so effective and we are so grateful for the community partners here at A Safe Place which enables us to provide comprehensive wrap around services. We have continued to foster the relationship between partner agencies both onsite and in the broader community. Our partnership with Clackamas Community College (CCC) is thriving. In fact, CCC is the first community college in Oregon to offer onsite confidential sexual assault advocacy for students and this partnership is a testament to the community's resolve to stopping this epidemic of domestic violence.

The year ahead will continue to bring us great opportunities to expand the support we are able to offer survivors and the community. Thanks to a generous grant from the Ford Family Foundation, we will be bringing sexual abuse awareness education to elementary schools across the county in the fall of 2019. Our Legal Accelerator Empowerment Program (LEAP) is set for a fall launch, and we are also expanded our programming to serve victims of elder abuse and human trafficking.

This brings me back to the quote from Coretta Scott King. It takes compassionate actions of community members to bring about social change. I think our community is doing just that. Our work at CWS is not possible without dedication of the entire community and we are truly grateful for your continued support.

With Gratitude,

Melissa Erlbaum

# OUR MISSION

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The mission of Clackamas Women's Services (CWS) is to break the isolation of domestic and sexual violence. Our vision is to live in a society that no longer tolerates domestic and sexual violence, but rather thrives on mutual respect.

Incorporated in 1985, Clackamas Women's Services offers comprehensive, sensitive solutions for adults and children impacted by sexual assault, domestic violence, stalking, sexual exploitation and trafficking, and elder abuse. CWS' service delivery framework is built on trauma-informed best practices that promote safety and self-determination.

At our emergency shelter, rural outreach offices, Clackamas Community College, DHS, Camp HOPE America - Oregon, and A Safe Place Family Justice Center, CWS coordinates services with other public and private agencies in order to best serve survivors seeking help.

## OUR PROGRAMS & SERVICES

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### Shelter and Housing Program

- Emergency Shelter
- Rapid Rehousing
- Transitional Housing
- Permanent Supportive Housing
- Homelessness Prevention

### 24-hour Crisis and Support Line

- Safety Planning
- Emotional Support
- Brainstorming & Resources
- Support for Family, Friends, and Community Members

### Community-Based Services

- Advocacy at A Safe Place Family Justice Center
- DHS Co-located Advocacy
- Rural Outreach Program
- Legal Advocacy
- Campus Sexual Assault Advocacy

### Counseling and Support Groups

- Individual and Family Therapy
- Culturally and Linguistically Specific Group Therapy
- Evidence-Based Therapeutic Groups

### Children and Youth Services

- Art-Based Therapy
- Parenting Support
- Teen Support Groups
- Camp HOPE America - Oregon

### Violence Prevention and Community Education Program

- School-Based Services
- See It. End It. Bystander Intervention Curriculum
- Primary Prevention Activities
- Public Awareness

### Latina Services

- Promotoras
- Latinx Provider Chat
- Latina Leadership Team



# OUR GUIDING VALUES

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Clackamas Women's Services (CWS) seeks to break the isolation of domestic and sexual violence by providing essential and innovative services to the community. CWS is committed to living organizationally in a manner that reflects the world we wish to build. Throughout every facet of our organization, from our work with program participants to each other as staff to our representation amidst our community of collaborators and supporters, we hope to set the example for what it means to live in a world free of domestic and sexual violence.

## HONOR AND CELEBRATE SURVIVORS

CWS believes all people have innate value, worth, and an important role to play in our community. We work to demonstrate this fact to those who have been convinced otherwise by people who have hurt them. We do this through:

- Uplifting survivor voices and experiences
- Recognizing survivors in their full humanity, beyond their experience of victimization
- Celebrating strength, resiliency, and connectedness

## ESTABLISH SAFETY

CWS believes safety is the foundation upon which wellness is built and is a right every human deserves. Domestic and sexual violence shake one's sense of safety in the world. CWS seeks to help program participants live and thrive in safety once again. We do this through:

- Advocating for systems that center the needs of the survivor
- Maintaining and protecting participant confidentiality
- Acknowledging power differences and not abusing power
- Practicing and modeling healthy professional and interpersonal boundaries
- Practicing a community accountability model

## BUILD COMMUNITY

CWS believes isolation is one of the most harmful and long-lasting impacts of domestic and sexual violence. Isolation breeds a sense of otherness and shame and cuts survivors off from their resources, support and communities. CWS seeks to rebuild what that violence has destroyed. We do this through:

- Demonstrating unconditional positive regard for program participants
- Building connection with others in the community
- Helping people understand one another's experiences
- Creating community permanency by building financial and professional sustainability of our organization and systems

## CENTER DIVERSITY, EQUITY, AND INCLUSION

CWS recognizes oppression as the primary cause of community violence and lack of power in society leaves people vulnerable to abuse. The only way to prevent domestic and sexual violence is through addressing the root causes and re-balancing societal power. We do this through:

- Ensuring access and equitable distribution of resources to survivors
- Challenging systems to be more equitable
- Celebrating differences, uniqueness, and individuality
- Remembering humans are more alike than we are different

## CREATE SOCIAL CHANGE

CWS understands that although violence against women has been timeless, it is not an innate condition of our world. We believe the motivations and behaviors that lead to violence are learned, and can be unlearned. We work to create a society free from violence through:

- Dedicating ourselves to lead difficult and complex conversations
- Focusing on solutions, no matter how daunting they may seem
- Engaging everyone in the movement toward justice
- Building empathy and tearing down barriers that separate people

## PRACTICE TRAUMA-INFORMED CARE

CWS recognizes the vast long-reaching impact trauma can have on individuals and communities. We work to be responsive to the individual needs of survivors as they cope with the trauma of interpersonal violence, and provide information to the community to help build connection. We do this through:

- Creating a safe and nonjudgmental atmosphere
- Practicing open and direct communication
- Maintaining consistency across our services
- Demonstrating trustworthiness
- Supporting self-determination

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## PROGRAM HIGHLIGHTS

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### CHILDREN'S PROGRAM

**347**

children and adults accessed services through the Children's Program

### THE VILLAGE

**175**

adults and children were provided with a safe place to stay (since March 2018)

### COUNSELING PROGRAM

**970**

counseling sessions were provided to more than 95 adults, 11 kids, and 17 families

### PROMOTORAS

**38**

hours of tabling, outreach, referrals, and presentations were provided to Latinx communities in Clackamas County

### COMMUNITY BASED ADVOCACY

**1,203**

people were served through community-based advocacy

### COMMUNITY EDUCATION

**1,129**

school-based presentations were provided to 5,680 middle and high school students. There were also 33 community trainings provided

### HOUSING PROGRAM

**101**

adults and 128 children were served with homelessness diversion & prevention, transitional housing, or permanent housing support

### CAMP HOPE AMERICA - OREGON

**76**

children attended camp, 19 more campers than the previous year

# CHILDREN'S PROGRAM

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CWS' Children's Program seeks to reduce the impact of family trauma on children by promoting resiliency and reinforcing individual, family, and community protective factors. The number of children reached through CWS Children's Program continues to increase. Through Camp HOPE America – Oregon, counseling services, parenting groups, youth support groups, and our designated Youth Advocate at the Village, we served 256 children and 91 parents in 2018.

This year, CWS was awarded a grant from Oregon Parenting Education Collaborative for "Haga de la Paternidad un Placer," (Make Parenting a Pleasure) our parenting support group.

This year, we began offering *A Window Between Worlds*, an art-based workshop for children healing from trauma and abuse. Participants use creative expression to process the experience of trauma in a safe and supportive environment. Workshops focus on topics such as anger, safety, and emotional well-being. We've facilitated three workshops on a weekly basis, two at A Safe Place Family Justice Center and one at the Village Emergency Shelter. In 2018, *A Window Between Worlds* provided 26 sessions to 42 children.

This past summer, Camp HOPE America – Oregon completed its fifth year, and an unprecedented 76 children attended camp; 47 were returning campers. CWS increased capacity for campers and counselors – 1 full-time coordinator position was added and CWS was able to provide onsite camp staff. Fifteen Camp Counselors & three Counselor Leads who worked full-time/overnight with the campers. Twenty-two volunteers also provided over 256 hours of support at camp. Ongoing reunion events through the Pathways Program have been held every other month in collaboration with community partners, including "A Day at the Pumpkin Patch" at the Community Garden run by Clackamas County Community Corrections and "Cookies with Santa" at A Safe Place Family Justice Center.

# COUNSELING PROGRAM

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CWS offers mental health counseling services that are trauma-specific and individually tailored to survivors of domestic and sexual violence. Services are provided by Licensed Clinical Social Workers and Licensed Professional Counselors who primarily serve clients with Oregon Health Plan insurance or uninsured survivors. A combination of grant funding and insurance reimbursements helps promote sustainability of the program and allows us to continue to prioritize equity in services. Additionally, Master of Social Work student interns provide additional capacity to serve uninsured, other insured, or individuals for whom it may not be safe to bill insurance.

We serve adult survivors of domestic violence (DV) and sexual assault (SA) and children ages four and older exposed to DV/SA. We offer culturally specific services for Latinx survivors of DV/SA, and family counseling is also available.

CWS Counseling Services are provided in three certified counseling locations including A Safe Place Family Justice Center, CWS' office in Sandy, Oregon, and CWS' Clackamas Community College office. In some circumstances, we also meet with folks in their homes, at shelter or at school. This flexibility helps increase accessibility and equity in services.

**27%**

of counseling services were provided to rural participants

**390**

counseling referrals in 2018, on average 33 referrals a month

**45%**

of counseling services were provided to Latinx identified participants

**70**

adults have accessed support groups

# VIOLENCE PREVENTION PROGRAM

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CWS' Violence Prevention Program works to build a community that stands against domestic and sexual violence by developing young role models who disrupt social and cultural norms that perpetuate gender-based violence. CWS is the only agency specifically offering sexual and dating violence prevention programming to schools in Clackamas County, Oregon. In 2018, the Violence Prevention Program provided 1,129 presentations to 5,680 middle and high school students. We were also able to add a Violence Prevention Coordinator position to assist with coordinating programming in schools.

This year, the Violence Prevention educators have also been able to provide 33 trainings to community partners and service providers. We offer domestic violence awareness trainings to social service partners and trainings that address the impact domestic and sexual violence can have on housing and homelessness. Participants learn about the many complicated housing choices and challenges that survivors face when fleeing domestic or sexual violence, the high risk of harm and vulnerability while experiencing homelessness, and how trauma and domestic violence can impact future housing options.

CWS also recently launched the Abuse in Later Life project, a collaborative project that seeks to train law enforcement, prosecutors, judges and service providers in our county about the dynamics of elder abuse and continues our coordinated community response to the violence and exploitation faced by elders from trusted persons in their lives.

## SCHOOLS WE ARE IN

Aethy Creek Middle School  
Baker Prairie Middle School  
Canby High School  
Clackamas High School  
Gardiner Middle School  
Gladstone High School  
Happy Valley Middle School

La Salle Catholic College Preparatory  
Lake Oswego Junior High School  
Lakeridge Junior High School  
Meridian Creek Middle School  
Molalla High School  
New Urban High School  
Ninety-One School  
Ogden Middle School

Oregon City High School  
Oregon City Service Learning Academy  
Rex Putnam High School  
Rock Creek Middle School  
Rosemont Ridge Middle School  
Sabin-Schellenberg Professional  
Technical Center  
West Linn High School

# HOUSING PROGRAM

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The purpose of CWS' Transitional Housing Program is to provide safe and accessible transitional housing for survivors of domestic and sexual violence. This includes direct rental assistance and comprehensive case management to help participants afford various costs of living while building the skills needed to navigate existing housing barriers. This year we were able to expand our transitional housing program with a program to specifically serve the Latinx community. Due to restrictions based on immigration status, Latinx survivors are often unable to access other housing programs in Clackamas County.

The Transitional Housing Program works to enhance safety, mitigate isolation and promote self-determination. Services are voluntary, and participants are able to choose the services that meet their needs and goals. Case managers also help participants connect with community resources and supports. In 2018, CWS' Transitional Housing Program served 101 adults and 128 children.

CWS recently piloted a project to provide rapid rehousing, prevention, and diversion assistance to survivors ineligible for key public assistance and housing supports — such as the Temporary Assistance for Domestic Violence Survivors Program (DV grant) administered by DHS Self Sufficiency. The DV grant provides up to \$1,200 in relocation assistance funds to survivors who are pregnant and/or have dependent children; those with children over age 18 or without children do not qualify for this resource. CWS' flexible housing funds enable us to address these gaps for vulnerable survivors, providing the supports that are critical to achieving safety and stability.

# COMMUNITY-BASED ADVOCACY

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This year, CWS rolled out an important new partnership with local hospitals to provide in-person advocate response to domestic violence survivors presenting to the Emergency Department. Centralized through A Safe Place Family Justice Center and in collaboration with the District Attorney's Victim's Assistance Program (DAVAP), we are on call to respond 24/7 to any and all domestic violence cases to offer support, safety planning, emergency resources and long-term follow up. This program is unique in our area and replicates the call-out process for sexual assault survivors currently in the hospitals.

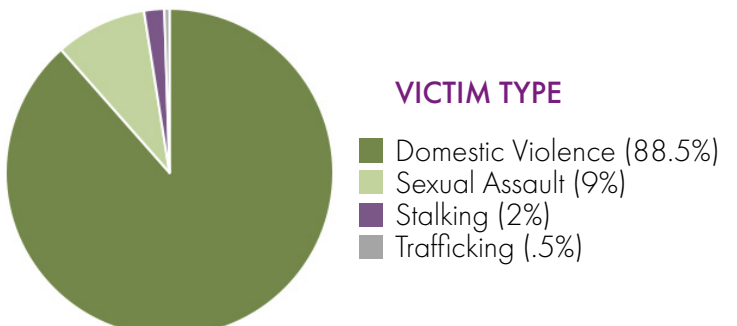
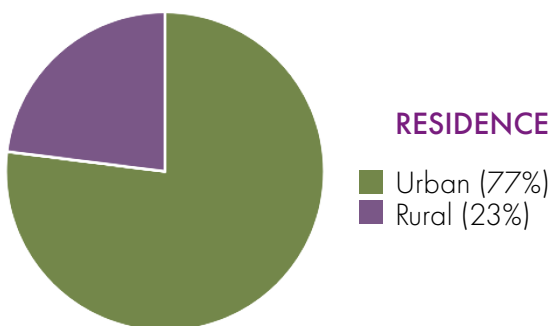
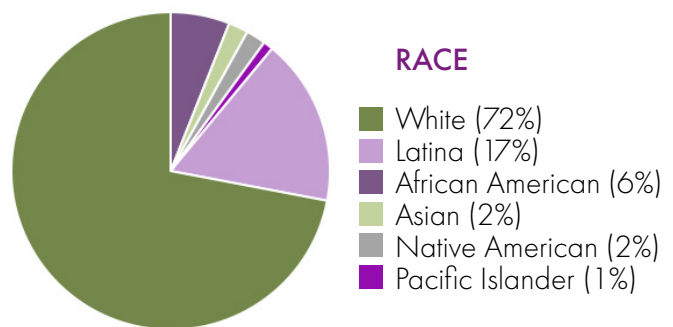
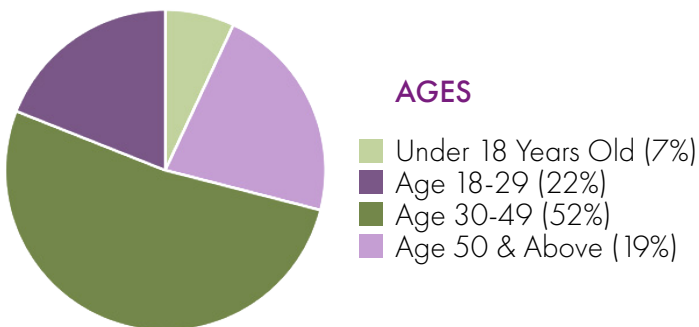
As part of our Community-Based Advocacy Program, two CWS advocates are at the county Department of Human Services (DHS). As part of this partnership, we offer quarterly trainings on domestic violence and trauma for all DHS employees, including Self-Sufficiency, Child Welfare, and Aging and People with Disabilities programs.

Our collaborative work continues to grow, with a lot of movement this year on addressing high-risk and fatal domestic violence. We are participating in the local Strangulation Response Initiative, High-Risk Response Team and Domestic Violence Fatality Review Team to identify high-risk cases, provide supports to survivors and hold perpetrators accountable.

CWS has continued to work to reduce barriers that survivors from marginalized communities face on their pathways to healing safety and stability. This work includes intentionally increasing representation from marginalized communities on our staff. Fifty-percent of the advocates located at A Safe Place and co-located at DHS are bilingual/bicultural.

## SURVIVOR DEMOGRAPHICS

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# PROMOTORAS

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*Promotoras* is a community outreach model CWS is pioneering in Clackamas County, Oregon. The model trains members of the Latinx community to become para-professionals, called *Promotoras*, to increase the accessibility of domestic and sexual violence services to communities that have typically been denied adequate and equitable services. Since the program launched in fall 2017, the program has increased services and trainings for the Latinx community in Clackamas County.

Out of the first cohort, four active *Promotoras* provide resources to their community and assist with domestic violence/sexual assault trainings. *Promotoras* and our Latina Services Coordinator provided two listening sessions in rural Oregon - one in Canby and one in Molalla. Both sessions featured a presentation focused on sexual violence, group activities, and a community discussion. As a whole, *Promotoras* have provided 38 hours of presentations, outreach, referrals and tabling in 2018.

This year, a second *Promotoras* cohort launched in Molalla with eight new *Promotoras* completing training.

Our Latina Services Coordinator also presented on the topic of acculturation and domestic violence at the *El Programa Voces de la Comunidad* conference. Along with one of our Spanish bi-lingual Case Managers, she also hosted a national webinar with *Arte Sana* in October for Domestic Violence Awareness Month. The focus of the webinar was cultivating Latina leadership and 33 people from across the country attended.

## THE VILLAGE Emergency Shelter

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After an extreme rebuild, the reopening of our Village shelter in March 2018 spring was a highlight of the year. The Village nurtures a rich and diverse community, including serving a wide range of communities – all in one community. In this supportive environment, survivors can step away from their current home lives, regain their strength, and individually shape the ways they want to move forward in the world. It is a place where participants feel trusted to make their own life decisions and do what is meaningful to them. Since the Village reopened in March 2018, 175 adults and children were provided with a safe place to stay.

The shelter now has a greater capacity to help more families, accommodating up to 15 adults and 20 children at a time. We have also established a Shelter Youth Advocate position to create programming for youth and families, such as fun-filled field trips to places like the Oregon Zoo, Westmoreland Nature Park, and JJ Jump. In addition to the Youth Advocate position, we have also recently hired two on-call Relief Staff positions.

One of the biggest differences between the old and new shelter is that past participants are able to return to continue being a part of the shelter community. The new space was built with a separate entrance to a community room where past shelter residents can return to the community to connect through yoga nights, domestic violence/sexual assault support groups, holiday parties, and self-care groups.

We also have been presenting nationally on our innovative Village Model, encouraging other programs across the country to re-imagine what shelters can be.

### BY THE NUMBERS AT THE VILLAGE

<b>84</b> DV/SA Groups	<b>12</b> A Window Between Worlds Groups
<b>43</b> Pancake Breakfasts	<b>12</b> Field Trips
<b>43</b> Self-Care Groups	<b>7</b> Yoga Nights
<b>25</b> Birthday Celebrations	<b>6</b> Holiday/Seasonal Celebrations
<b>15</b> Visits from Little Dog Laughed	<b>1</b> Birth

# JENNIE WILLOUGHBY

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**"I really feel like women in the United States are starting to see our wounds and our trials and the things that we as a gender have been up against for hundreds if not thousands of years finally getting a spotlight and it's visceral." - Jennie Willoughby**

Jennie Willoughby, whose story of abuse at the hands of former White House Staff Secretary Rob Porter gained national media attention in February 2018, was the guest of honor and keynote speaker at the 2018 Pathways Gala & Auction in October.

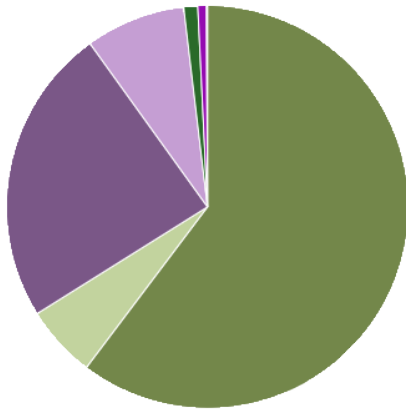
Jennie's writing has been published in Time Magazine and her op-ed in the Washington Post was the inspiration behind the #AndSoIStayed movement. Jennie has become a powerful voice for domestic violence survivors and has used her platform to educate about domestic violence, its long-term impact on survivors, and what must be done to combat it effectively to help survivors heal. CWS was honored to have Jennie's inspirational leadership here in Oregon.

"The courage that Jennie and other survivors have shown in publicly sharing their stories of abuse this past year has been a remarkable, watershed moment in our movement to end violence against women," said Melissa Erlbaum, CWS Executive Director. "It shed a light into the dark places and history shows us that change grows with that light."



# FINANCIAL REPORT

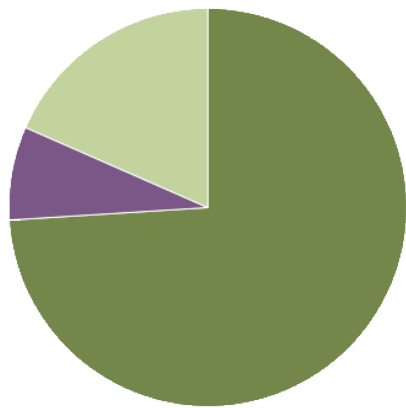
Clackamas Women's Services conducts an annual audit in accordance with the U.S. Office of Management and Budget Circular A-133, Audit of States, Local Governments, and Non-Profit Organizations. CWS complied, in all material respects, with the compliance requirements for grant programs and established and maintained effective internal controls over compliance with grant programs. Total net assets were \$1.53 million and revenues and other support were \$3.61 million in 2018. Total expenses were \$2.91 million with a change in net assets of \$698,679 for 2018.



## REVENUE

- Government Grants = \$2,175,587
- Private Fundraising = \$209,537
- Shelter Project = \$864,374
- Foundation Grants = \$290,082
- Special Events = \$40,439
- In-Kind Contributions = \$25,000
- Realized Gains/Losses on Investments = -\$42
- Miscellaneous Revenue = \$3,008

**TOTAL REVENUE & OTHER SUPPORT = \$3,607,985**



## EXPENSES

- Program Services = \$2,152,810
- Management & General = \$535,732
- Development = \$220,764

**TOTAL EXPENSES = \$2,909,306**

Revenues	2018	2017	Expenses	2018	2017
Government Grants	\$2,175,587	\$2,177,315	Program Services	\$2,152,810	\$2,108,852
Private Fundraising	\$209,537	\$216,846	Development	\$220,764	\$246,701
Shelter Project	\$864,374	\$438,574	Management & General	\$535,732	\$355,943
Foundation Grants	\$290,082	\$145,676	<u>Total Expenses</u>	<u>\$2,909,306</u>	<u>\$2,711,496</u>
Special Events	\$40,439	\$53,183			
Realized Gains (losses) on investments	(\$42)	\$18			
Interest & Dividend Income	-	\$70			
In-Kind Contributions	\$25,000	\$104,200			
Miscellaneous Revenue	\$3,008	\$30,131			
<u>Total Revenues &amp; Other Support</u>	<u>\$3,607,985</u>	<u>\$3,166,013</u>			

# OUR MAJOR DONORS

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Kristin and Richard Angell  
Autzen Foundation  
B&B Electrical Contractors  
William and Joi Ball  
Benchmade Knife Company  
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Phyllis Biseth  
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Meyer Memorial Trust  
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New Life Foundation  
Robin Nicol  
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Northwest Primary Care  
NW Natural  
NW Self Storage Foundation  
Oregon Coalition Against Domestic &  
Sexual Violence  
Oregon Community Foundation  
Oregon State Sheriffs' Association  
Shelley Paxton  
PCC Structural, Inc.  
Kelly and Jason Perlewitz  
Gunilla Persson and David Smith

Steve and Rachel Preston  
Providence Health and Services  
Ritz Family Foundation  
Shana Sechrist  
Siletz Tribal Charitable Contribution Fund  
Krista and David Silvey  
Soroptimist International of Portland  
Mary and James Stempel  
Debi and Paul Stromberg  
Michael Sutton and Suzanne Lacampagne  
Gareth and Janet Tabor  
Bonnie Taylor Talbot and Seth Talbot  
Jenni and Dennis Tan  
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The June & Julian Foss Foundation  
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Rob Wagner and Laurie Cremona Wagner  
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Mike and Kay Wells  
Kellie Wendell  
West Hills Land Development LLC  
Wheeler Foundation  
Women's Healthcare Associates  
Michael Wu  
Annette and Steven Zack

## 2018 CORPORATE SPONSORS

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Castparts Federal Credit Union  
Cedar Glen Estates  
Clackamas Federal Credit Union  
Directors Mortgage  
The Doctors Company  
First American Title  
Hasson Company Realtors  
Northwest Bank  
PCC Structural  
Providence Health & Services  
Women's Healthcare Associates

# GET INVOLVED

## MONTHLY SUSTAINERS

You can arrange to make an automatic monthly donation to sustain CWS throughout the year. Just visit [www.cwsor.org](http://www.cwsor.org) and click the "Donate" button. Check the box to make your donation recur. To pledge monthly donations by phone, please contact a development staff member at 503-557-5830.

## SPECIAL EVENTS

CWS organizes two major events each year where we raise 5 to 10 percent of our annual budget. There are many opportunities for your business or civic association to sponsor one of these key events. Visit [www.cwsor.org/events](http://www.cwsor.org/events) to find out when the next event will be held.

## STOCK DONATIONS

CWS happily accepts your gifts of stock. Our stock accounts are:

### Charles Schwab

Account number: 2340-5523  
DCT number: 0164 Code 40

### Vanguard

Account number: 19945070

## MAKE CWS A PART OF YOUR LEGACY

Long-term gifts support CWS' mission to break the isolation of domestic and sexual violence by providing essential and innovative services to the community. To discuss what you would like to accomplish through your legacy gift, contact [development@cwsor.org](mailto:development@cwsor.org).

## VOLUNTEER

CWS has meaningful volunteer opportunities throughout the year, ranging from cheering on campers at Camp HOPE America - Oregon to helping at fundraising events. Please check our website for the current volunteer opportunities available and how to become a volunteer.

