

# 2022 **Impact Report**















### From Our Executive Director



I am so grateful to all of you – our caring community – for supporting our mission to break the isolation of domestic and sexual violence. I am pleased to share this 2022 Impact Report, which highlights our growth as we expanded our reach and engaged new partners to help survivors and their families.

I am proud of our continuing commitment to diversity, equity, and inclusion. We – our Board of Directors and staff – continue to learn and grow. Through training, affinity groups, and conversation we are expanding our knowledge and practice. CWS now has nearly 70 employees, which is tremendous growth! When I first joined CWS in 2007, we had about 15 people on staff. As our workforce grows, we are becoming more representative of the survivors we serve; we have staff who identify as LGBTQIA+, neurodiverse, BIPOC, people with disabilities, survivors, and more. Alongside added leadership positions our landscape for new viewpoints and ideas is expanding, and we are flourishing.

More highlights from 2022:

- We rebooted our Civil Legal Services Program to help survivors with their most critical legal needs, primarily contested protective orders.
- We expanded into School-Based Health Centers, providing a safe and confidential space for young people to share their concerns and experiences about abuse and violence with our Youth Advocates.
- We increased bilingual/bicultural staff positions in all of our direct service programs.
- We continue to offer virtual and in-person services to expand access to our programming, which has been especially beneficial for adults and children seeking mental health support.
- Our leadership and policy work is focused on protecting survivors' rights and strengthening domestic and sexual violence response systems, while also elevating the voices of survivors.

Building upon last year's successes, we have started work on our next Strategic Plan. We are seeking input from survivors, CWS Board and staff, volunteers, community partners, supporters, and more. We look forward to sharing our plan with you later this year.

It's incredible to think about where we started, the vital role we play in the community today, and the potential that exists for CWS to have an even greater impact in the future. Thank you for standing with us – and survivors – every step along the way.

With my deepest gratitude,

Melissa Erlbaum
Executive Director

P.S. We have openings on our Board of Directors, and we welcome Board candidates who reflect our community. The most important qualifications are a desire for social change, an eagerness for heart-centered leadership, a commitment to healthy collaborative work, and enthusiasm for supporting our staff to do our best work. Our work sits at many intersections, and we believe many people have skills, interests, experience, or other attributes that will help further our mission. We welcome the opportunity to learn more about how we can work together. If you are interested in joining our Board of Directors, please email us at info@cwsor.org.

## **What People Are Saying**

"My Advocate is SO helpful and anything she doesn't have an answer for she asks someone else and gets back to me. My Counselor is just out right AMAZING. She is so caring and hears out everything I have to say and helps me get through everything."

#### COMMUNITY-BASED PROGRAM

"I have talked to a Youth Advocate about the hardest things and my deep thoughts and feelings. She has helped me with so much and she is a great person to have a conversation with. She has listened to me and made me feel very safe, which makes me feel very heard and I really value that kind of support."

YOUTH SERVICES PROGRAM

"I have always felt heard, and respected. I have not felt judged."

**SUPPORT GROUP** 

"This was the most useful training I've attended this year. I'm very involved currently in a local [community] and have also been personally impacted by failure...to address/intervene in abuse in the past. I really appreciated that this training honestly addressed problems but it was done in a respectful way."

#### TRAINING AND OUTREACH

"Going to a service isn't a weakness, it's a strength. It's saying that I want to survive this and be better than this, but I just need some help. I know the other women that are a part of this, we are a community and a tribe. It broke my code of silence."

**HOUSING PROGRAM** 

"Thank you for coming to our school to speak to our class. You guys covered really important topics in an easily understood format and made it engaging and interesting. As someone who recently began to experience my first ever relationship, this is really important knowledge to have and I really appreciate those topics being covered."

#### **VIOLENCE PREVENTION PROGRAM**

"My counselor is incredibly supportive. She reminds me of how proud she is of me and my progress. I wouldn't be here without her. She helped me out of a very dangerous situation and I will always be grateful to her for that. She saved my life. I have the utmost respect for her."

#### **COUNSELING PROGRAM**

"My experience working with CWS has been nothing but AMAZING. If it was not for any of them, I would not be where I am at today mentally. This place provided my kids and I with a peace of mind and the confidence we needed to take on life. CWS holds a ginormous spot in my heart."

#### SHELTER PROGRAM

"Solo darles las gracias por la ayuda a todos los involucrados en este programa y tomarse eltiempo para apoyarnos en situaciones difíciles nuevamente mil gracias."

LATINA SERVICES PROGRAM



## **Programs and Services**

Alongside survivors, community partners, donors, students, volunteers, faith communities, and many others we're building a community that honors survivors of domestic and sexual violence, stalking, elder abuse, and trafficking. Our programs and services are free and confidential. We support people of all gender identifications, ages, or immigration status to ensure anyone escaping interpersonal violence can access the resources they deserve. We honor the depth and diversity of lived experiences across our community.

Our mission is to break the isolation of domestic and sexual violence. Here's how we're doing it:

# COMMUNITY-BASED ADVOCACY

Individualized case management and support that includes safety planning, access to community resources, help navigating public systems, and assistance with protective orders. Services are accessible at A Safe Place Family Justice Center, Clackamas County DHS offices and Behavioral Health, and in rural communities through our Mobile Advocates.

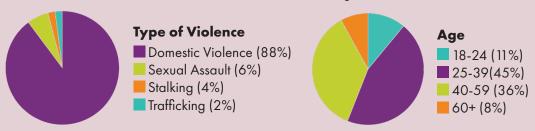








#### 1,403 survivors accessed our community-based services.



- 95% of participants identified as female, 4% as male, and 1% as transgender/non-binary.
- 35% of participants identified as having a disability.
- 17% of participants identified as being part of a rural community in Clackamas County.
- 10% of participants identified as an immigrant or refugee.

# COMMUNITY EDUCATION AND PREVENTION

Training for the community about how to prevent domestic and sexual violence, including free school-based domestic violence prevention programming for K-12 grade public school students.

# 5,331 elementary, middle, and high school students received domestic violence prevention lessons in 20 Clackamas County public schools.

We partnered with four new schools for our Communities for Safe
Kids (C4SK) Program, a child sexual abuse prevention program for
Kindergarten-6th grade students. We also hosted 20 outreach events for
the program to engage new community partners and reach youth who
may not be in a typical school setting.

"On a personal note, my daughter and son are students. Both of them came home last week with lots to talk about. You are teaching them powerful content that could be life-saving and life-changing."

-Parent whose children received C4SK lessons







- 1,609 social service providers, caseworkers, advocates, counselors, law enforcement, legal professionals, and members of the greater community participated in domestic violence prevention training through 102 training sessions.
- We established new partnerships for our community education program, including (but not limited to)
   African Youth and Community Organization, Army National Guard & National Reserves, CampFire
   Columbia, Oregon Chinese Coalition, Peace at Home, and Sherman County Veteran's Assistance Program.

#### **LATINA SERVICES**

Culturally-specific services for survivors in Latinx communities, along with opportunities for leadership development for Latinx staff and survivors.

# Our Housing Program grew to include a Culturally Specific Housing Coordinator to serve survivors in Latinx communities.

The stories of survivors demonstrate the deeply personal impact of our work.

Josefina (not her real name) is a survivor of sexual assault and trafficking. Her primary language is Spanish. She has two children but couldn't access state benefits due to her immigration status. Her decision to flee her abusive partner was hampered by her fear that her only option would be to live on the street with her kids. She was connected to CWS through a referral from one of our culturally-specific partners, and housing funds made it possible for us to provide rent assistance to Josefina.

The pandemic significantly increased barriers experienced by immigrants and refugees, and there are still limited options for them to find jobs or sustainably increase their income. CWS continues to work with Josefina in her pursuit of permanent housing, supporting her efforts to find work and make sure her kids are in school. The addition of a Culturally Specific Housing Coordinator to our staff ensures that survivors like Josefina – who face multiple cultural and financial barriers – are not alone in their pursuit of safety and are empowered to achieve their goals for a stable and fulfilling life.

"A mi me gusto mucho las como las trabajadoras nos entendían bien en todos los sentidos." -Latina Services Program Participant



## **Programs and Services**

# EMERGENCY SHELTER AND TRANSITIONAL HOUSING SERVICES

Connecting survivors with a supportive community and the space to rebuild their lives.

# 129 adults and 134 youth were safely housed through this program, with about half of the survivors identifying as BIPOC.

- 193 households were provided with homelessness diversion and prevention support, an increase of 50% from the previous year.
- 169 adults and youth received COVID rent relief to supplement lost income or employment due to COVID-19.
- We provided short-term subsidies to 56 households, an increase of 14% from 2021.
- 45 households received culturally-specific housing assistance, a 60% increase from the previous year.
- 37 households received long-term housing subsidies, an increase of 640% from 2021.

#### We hosted celebration events at The Village!







#### COUNSELING AND SUPPORT GROUPS

Counseling and a range of support groups that include youth and family counseling.

# 887 counseling sessions were provided to adults and youth via in-person and Telehealth.

- 57 adults attended at least one of our support groups.
- Our Counseling Team grew to include a Youth Focused Counselor, Latina Counselor, and MSW Intern to serve more participants seeking mental health services. Our Youth Focused Counselor worked with children as young as six years old.
- We increased the number evidence-based treatment modalities we offer (like Ecotherapy) to additionally support survivors who are processing and healing from trauma.

#### 24-HOUR CRISIS AND SUPPORT LINE

Emotional support and safety planning for survivors of domestic violence, sexual assault, elder abuse, and family violence. Consultation and support are also available for service providers and those who want to support a friend or loved one.

# We received 2,343 calls on our 24-hour Crisis and Support Line.

• 424 text/chat conversations were received on our confidential Text and Chat Line, a 42% increase from 2021.



#### We Are Here for You

If you or someone you know is experiencing domestic or sexual violence, call our 24-Hour Crisis and Support Line at (503) 654-2288 or (888) 654-2288.

Confidential Text and Chat Line rc.chat/cws or (503) 461-2888 Available Monday-Friday 9:30am-4pm

#### **YOUTH SERVICES**

Confidential advocacy, support groups, and family support for young people who've experienced family violence, sexual violence, or dating violence.

# 188 adults and children participated in eight community-building events during summer 2022.

- We expanded into School-Based Health Centers in Clackamas County public schools to provide co-located advocacy to youth who have experienced violence; our Mobile Youth Advocates received 132 referrals.
- Our Youth Program Team grew to include additional Latinx Youth Advocates, Youth Services Program Coordinator, and Intern to increase our capacity to provide confidential advocacy, youth support groups, caregiver support and education, and community-building activities.
- We hosted an overnight Young Leaders Camp for seven of our oldest Camp HOPE campers to grow their leadership skills and dream for the future!

# CIVIL LEGAL SERVICES

Our Civil Legal Services
Program addresses the
justice gap and provides
services directly to survivors
disparately affected by
poverty and civil legal
issues.

This focused initiative provides survivors with legal representation specifically for contested protective orders.

According to Clackamas County Circuit Courts data, less than one third of survivors had legal representation at contested protection order hearings held from 2019-2021. In addition, the court system can be confusing and overwhelming for survivors, especially for those with limited English proficiency and/or who grapple with PTSD, extreme stress, disabilities, and, for some, traumatic brain injuries sustained from the abuse they are fleeing.

Self-represented survivors who do not have the means or access to an attorney often lose contested protection order hearings when their abuser has legal representation. Legal representation can mean the difference between achieving safety or experiencing further abuse.







## **Financial Report**

Core Operating Resources (Revenue)	2022	2021
Contributions	\$1,260,149	\$913,862
Government Grants	\$6,051,643	\$4,056,168
Donated Facilities	\$117,937	\$110,840
Special Events	\$38,038	\$9,004
CARES Act	-	\$419,057
Other Income	\$26,950	\$17,644
Paycheck Protection Program	\$447,232	-
Total	\$7,941,949	\$5,526,575

Core Mission Support (Expenses)	2022	2021
Programs & Services	\$5,659,924	\$3,744,058
Development	\$363,783	\$389,360
Operations & Management	\$917,051	\$688,230
Total	\$6,940,758	\$4,821,648



## **Get Involved**

It takes the compassionate actions of our entire community to support survivors, and we're truly grateful for the generous support that helps us provide survivor-centered programs and services. Donations may be made online, or mail checks payable to Clackamas Women's Services at 256 Warner Milne Rd, Oregon City, OR 97045. For questions, contact Brenda Kinoshita, Director of Development, at brendak@cwsor.org or (503) 557-5820.

#### **Donate Items**

You, your company, school church, or community group can organize a donation drive to gather items.

#### **Special Events & Sponsorship**

Businesses, faith communities, social and civic associations are leaders in preventing domestic violence. We're happy to build a partnership with your organization.

#### Volunteer

Volunteering is a great way to become involved. Visit our website to learn about current opportunities.

#### Join the Clackamas Women's Services Board of Directors

We have openings on our Board of Directors, and we are seeking Board members who reflect our community. The most important qualifications are a desire for social change, an eagerness for heart-centered leadership, a commitment to healthy collaborative work, and enthusiasm for supporting our staff to do our best work. **Learn more at** www.cwsor.org/our-board/.







Based at A Safe Place Family Justice Center: 256 Warner Milne Rd, Oregon City, OR 97045

Phone: (503) 655-8600 • Website: <u>www.cwsor.org</u> • Email: <u>info@cwsor.org</u>

24-hour Crisis and Support Line: (888) 654-2288 @cwsor Confidential Chat: rc.chat/cws (available Monday-Friday from 9:30am-4pm)

